

**MERIDELL ACHIEVEMENT CENTER**  
**Patient and Family Questionnaire**

(Place name label here)

**PATIENT LEGAL NAME:** \_\_\_\_\_ **DATE OF BIRTH:** \_\_\_\_\_ **GENDER:**  M  F

**1. FAMILY OF ORIGIN AND CURRENT CARETAKERS (check all that apply):**

- |   |                                 |                                 |                |
|---|---------------------------------|---------------------------------|----------------|
| <input type="checkbox"/> Biological parents | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Name(s): _____ |
| <input type="checkbox"/> Adoptive parents   | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Name(s): _____ |
| <input type="checkbox"/> Step-parents       | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Name(s): _____ |
| <input type="checkbox"/> Deceased parents   | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Name(s): _____ |
| <input type="checkbox"/> Other _____        | <input type="checkbox"/>        | <input type="checkbox"/>        | Name(s): _____ |

If not biological parent, how, and at what age did patient come into your care: \_\_\_\_\_

- |  |                                 |                                 |             |
|--|---------------------------------|---------------------------------|-------------|
| <input type="checkbox"/> Non-custodial   | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Name: _____ |
| <input type="checkbox"/> No rights   | <input type="checkbox"/> Mother | <input type="checkbox"/> Father | Name: _____ |
| <input type="checkbox"/> N/A <input type="checkbox"/> Custody of child with (legal guardian)       |                                 |                                 | Name: _____ |
| <input type="checkbox"/> N/A <input type="checkbox"/> Custody dispute in progress, current status: | _____                           |                                 |             |
| <input type="checkbox"/> N/A Describe custody arrangements (if applicable):                        | _____                           |                                 |             |
| <input type="checkbox"/> Divides time between households. Describe:                                | _____                           |                                 |             |

**2. CURRENT HOUSEHOLD MEMBERS LIVING WITH PATIENT (parents, siblings, relatives and friends):**

Relationship to Patient	Name	Age	Describe Relationship with Household Member

**3. SIGNIFICANT FAMILY MEMBERS / RELATIVES / OTHERS NOT IN SAME HOUSEHOLD:**  N/A

Relationship to Patient	Name	Age	Describe Relationship with Other

**4. FAMILY HISTORY OF MENTAL HEALTH ISSUES:**

	<input type="checkbox"/> Bio Maternal History Unknown Mother's Side Relationship to Patient	<input type="checkbox"/> Bio Paternal History Unknown Father's Side Relationship to Patient
<b>Psychiatric</b>		
<b>Neurological</b>		
<b>History of Suicide</b>		
<b>Substance Abuse</b>		
<b>Learning Disabilities</b>		
<b>Aggression</b>		
<b>Legal Issues</b>		
<b>Other</b>		

**5. SOCIAL HISTORY:**

- |   |                                |                                 |                                    |                                 |
|---|--------------------------------|---------------------------------|------------------------------------|---------------------------------|
| Patient is able to create friendships.                      | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Always |
| Patient is able to maintain friendships.                    | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Always |
| Patient is able to relate to peers in a respectful manner.  | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Always |
| Patient is able to relate to adults in a respectful manner. | <input type="checkbox"/> Never | <input type="checkbox"/> Rarely | <input type="checkbox"/> Sometimes | <input type="checkbox"/> Always |

PATIENT NAME: \_\_\_\_\_

(Place name label here)

**6. DEVELOPMENTAL HISTORY:**

Prenatal: Normal or unremarkable No information available Problems with (eg, complications during pregnancy/delivery, substance use, etc.): \_\_\_\_\_

Developmental Milestones: Normal Limits Delayed No information available

Walking: Early: \_\_\_\_\_ 12-months Later: \_\_\_\_\_

Talking in 3-word sentences: Early: \_\_\_\_\_ 24-months Later: \_\_\_\_\_

Toilet Training: Early: \_\_\_\_\_ 36-months Later: \_\_\_\_\_

Birth to 1-year: Normal or unremarkable; No information available; Problems with: \_\_\_\_\_

2 to 5 years: Normal or unremarkable; No information available; Problems with: \_\_\_\_\_

6 to 12 years: Normal or unremarkable; No information available; Problems with: \_\_\_\_\_

13 to 18 years: Normal or unremarkable; No information available; Problems with: \_\_\_\_\_

The patient currently functions: At age level Above age level Below age level

Handedness: Right Left

Significant / relevant issues from childhood impacting current illness (ex, recent, frequent moves, change in schools, abuse, trauma, medical issues, loss of parent, divorce, abandonment, etc): \_\_\_\_\_

**7. EDUCATION:**

Current grade level: \_\_\_\_\_ History of repeating a grade: No Yes which grade(s): \_\_\_\_\_

Current grades: \_\_\_\_\_ Improving Declining

Learning barriers: Reading & writing difficulties Speech impediments Impaired vision Fatigue

Other, description of symptoms and age when began: \_\_\_\_\_

Patient is currently enrolled in school. School name: \_\_\_\_\_

Patient is currently home schooled. Reason: \_\_\_\_\_

Not enrolled or attending school due to: Dropped out Refuses to attend Other \_\_\_\_\_

No Yes School behavioral problems? Details (ex. age of onset, specific behaviors, consequences): \_\_\_\_\_

No Yes Patient has a history of requiring 1:1 educational aide for behavioral management?

No Yes Patient has a 504 plan for: Medical \_\_\_\_\_ Behavioral \_\_\_\_\_ Other \_\_\_\_\_

No Yes Special Educational Services: What is their qualifying diagnosis? \_\_\_\_\_

Details (ex, accommodations, age when services began, services received): \_\_\_\_\_

**\*Please provide most recent copies of educational plans at the time of admission.**

**8. ELOPEMENT:**

NO HISTORY OF RUNNING AWAY

No Yes Threatens to run away? No Yes Interventions have prevented elopement?

No Yes Patient has run away from home? When did patient last run? \_\_\_\_\_

If yes, frequency: \_\_\_\_\_ Is it planned? \_\_\_\_\_ How long was patient gone? \_\_\_\_\_

Where does patient go? \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_

(Place name label here)

**9. HISTORY OF SELF HARM/SUICIDAL IDEATIONS / ATTEMPTS:**  **NO HISTORY OF SUICIDAL IDEATIONS**

History of self-harming behaviors? Describe:  Banging head  Scratching  Biting  Hitting  
 Pulling out or shaving hair, eyelashes or eyebrows  Self-tattooing  Cutting  Burning  Self-Piercing  
 Other: \_\_\_\_\_

Patient's mood during suicidal ideations?  Angry  Sad  Depressed  Manipulative  Other \_\_\_\_\_

No  Yes Patient has verbalized suicidal ideations? When: \_\_\_\_\_

No  Yes Patient has verbalized plan? Describe: \_\_\_\_\_

No  Yes Suicidal gesture could / would have resulted in patient's death without interventions?

**Describe any attempts:**

Date	Age	Method	Injury	Treatment / Outcome

Does patient has access to: A gun or other weapons?  No  Yes **IF YES:**  within home  outside of home?

Other weapons in the home associated with hobbies or collections?  No  Yes

Other potentially dangerous items in the home (eg, medications)?  No  Yes

How are weapons and/or other potentially dangerous items in the home secured, or how will they be secured in the future?

**10. HISTORY OF VIOLENT / AGGRESSIVE / ANTISOCIAL BEHAVIORS:**

No  Yes Patient has a history of violent or aggressive behaviors

No  Yes Aggressive behaviors have been directed towards:  Parents  Siblings  Peers  School staff

No  Yes Aggressive behaviors are escalating and/or are more frequent

No  Yes Patient plans aggressive acts

No  Yes Patient is very careful to protect self when aggressive

No  Yes Patient can control behavior when aggressive

No  Yes Patient hides or attempts to hide aggressive acts

No  Yes Patient steals from:  Family  Friends  School  Stores  Neighbors  Others \_\_\_\_\_

No  Yes Patient has history of delusions or command hallucinations prompting them to be aggressive

No  Yes Patient experiences rapid mood swings

No  Yes Patient experiences paranoid ideation

No  Yes Physical aggression appears to be without gain or purpose

No  Yes Patient aggression is unplanned, out of the blue

No  Yes Patient is completely out of control when aggressive

No  Yes Patient exposes self to physical harm when aggressive

No  Yes Patient destroys own property without apparent profit or gain

No  Yes Patient vandalizes or destroys others property or belongings?

No  Yes Patient has been physically aggressive with a weapon? Describe (eg, patient age, victim, weapon used, extent of injury to victim): \_\_\_\_\_

No  Yes Patient has been physically aggressive and/or cruel to animals? Describe: \_\_\_\_\_

What are the precipitating events that typically trigger aggressive behaviors? \_\_\_\_\_

*Types of physical aggression towards others:*

Pushing  Head Butting  Scratching  Stabbing  Smothering  Throwing items at others

Punching  Biting  Pushing Down  Choking  Kicking  \_\_\_\_\_  \_\_\_\_\_

**11. LEGAL HISTORY:**  **NO LEGAL ISSUES**

No  Yes Patient has been arrested? Describe (eg, patient age, offense, outcome): \_\_\_\_\_

No  Yes Patient is currently on probation/parole? Name and county of Probation Officer: \_\_\_\_\_

No  Yes Patient has charges pending? Describe (eg, patient age, offense, court date): \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_

(Place name label here)

**12. PATIENT HISTORY OF ALCOHOL AND DRUG USE:**

**NO HISTORY OF USE**

- Suspected, unconfirmed     Experimentation     Becoming problematic     Big problem

**Generally uses**  Alone  With others    How does the patient procure or pay for drugs? \_\_\_\_\_

- Check all used:**  Stimulants     Marijuana     Opiates     Inhalants     Ecstasy / GHB  
 Pain Medication     Methadone     PCP     Barbiturates     Tranquilizers  
 Sedatives     Crystal Meth     Tobacco     Cocaine / Crack  
 Hallucinogens     Alcohol     Misuse of over the counter meds or prescribed medication

Substance Checked or Other	Type	Age of First Use	Date of Last Use	Age Regular Use Began	Current Use Pattern

No  Yes Diagnosis of Chemical Dependency/Abuse? Drug of Choice? \_\_\_\_\_

No  Yes Treatment previously received for drug use?  Therapy / Counseling  Hospitalization / Rehab

**13. SEXUAL:**

Has identified sexual preference as:  Heterosexual  Bi-Sexual  Gay / Lesbian  Other \_\_\_\_\_

Gender patient identifies as:  Female  Male

What is the gender designation on patient's medical insurance records?  Male  Female

(Optional) What pronouns does patient use to refer to self (eg, he, she, they)? \_\_\_\_\_

(Optional) What is patient's preferred name or nickname? \_\_\_\_\_

Patient is sexually active?  No  Yes Patient practices safe sex?  No  Yes  N/A

Sexual behaviors were with / toward:  Same age peers  Younger  Older  Parents  Siblings  
 Opposite sex  Same sex  Both male and female  Animals

Sexual Behaviors (Please Check All That Apply)	Age of Patient When First Occurred	How Long Has Behavior Been Occurring?	Explain
<input type="checkbox"/> Sexual preoccupation			
<input type="checkbox"/> Sexually explicit talk ( <i>not online</i> )			
<input type="checkbox"/> Sexually explicit writings / drawings			
<input type="checkbox"/> Has used electronic media for "sexting" / sex chat rooms / viewing pornography / posting inappropriate pictures of self			
<input type="checkbox"/> Engaged in voyeurism / peeping ( <i>not online</i> )			
<input type="checkbox"/> Exposed self to others ( <i>not online</i> )			
<input type="checkbox"/> Sexually promiscuous ( <i>not online</i> )			
<input type="checkbox"/> Masturbation in presence of others ( <i>not online</i> )			
<input type="checkbox"/> Acted out sexually in a treatment setting			
<input type="checkbox"/> Touched others sexually without their permission			
<input type="checkbox"/> Sexually aggressive / predatorily			
<input type="checkbox"/> Gender identity issues			

No  Yes Has experienced a sexual assault or been victimized? Age / perpetrator / circumstances: \_\_\_\_\_

No  Yes Was this suspected abuse of patient reported to a State protective service?

No  Rarely  Mostly  Yes Patient is able to manage sex urges?

No  Yes Has patient received treatment for sexual behaviors? Describe: \_\_\_\_\_

No  Yes Does patient have pet allergies? List: \_\_\_\_\_

No  Yes Does patient have history of aggression to animals? Describe: \_\_\_\_\_

No  Yes Does patient have history of being attacked by an animal? Describe: \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_

(Place name label here)

**14. BEREAVEMENT:**

Relationship to Patient	Name of Person / Other	Type of Loss (Death, Divorce, Etc.)	Age of Patient at Time of Loss	How Has This Loss Affected the Patient?

**15. CULTURAL INFLUENCES / RELIGIOUS BACKGROUND / CURRENT ACTIVITY:**

- No Yes Patient has expressed a belief system or spirituality? \_\_\_\_\_
- No Yes Patient has a religious affiliation: \_\_\_\_\_
- No Yes Patient attends religious services? Name of church / temple? \_\_\_\_\_
- No Yes Patient's affiliation with a place of worship is part of his/her support system?

Patient and family's cultural / ethnic background? \_\_\_\_\_

- No Yes The family has specific cultural/ethnic/religions factors that should be considered during treatment?

Explain: \_\_\_\_\_

**16. DIAGNOSTIC HISTORY: The patient has previously been diagnosed with:**

- |  |  |   |   |
|--|--|---|---|
| <input type="checkbox"/> Anxiety Disorder              | <input type="checkbox"/> Eating Disorder                 | <input type="checkbox"/> Mood Disorder                  | <input type="checkbox"/> Post-Traumatic Stress Disorder |
| <input type="checkbox"/> ADHD                          | <input type="checkbox"/> Fetal Alcohol Syndrome          | <input type="checkbox"/> Neurodevelopmental Disorder    | <input type="checkbox"/> Psychosis                      |
| <input type="checkbox"/> Autism Spectrum Disorder      | <input type="checkbox"/> Impulse Control Disorder        | <input type="checkbox"/> Obsessive Compulsive Disorder  | <input type="checkbox"/> Reactive Attachment            |
| <input type="checkbox"/> Bipolar Disorder              | <input type="checkbox"/> Intellectual Disability         | <input type="checkbox"/> Oppositional Defiant Disorder  | <input type="checkbox"/> Schizoaffective Disorder       |
| <input type="checkbox"/> Cerebral Dysrhythmia          | <input type="checkbox"/> Intermittent Explosive Disorder | <input type="checkbox"/> Paranoid Disorder              | <input type="checkbox"/> Substance Abuse                |
| <input type="checkbox"/> Conduct Disorder              | <input type="checkbox"/> Learning Disorder               | <input type="checkbox"/> Personality Disorder           | <input type="checkbox"/> Other _____                    |
| <input type="checkbox"/> Disruptive Mood Dysregulation | <input type="checkbox"/> Major Depressive Disorder       | <input type="checkbox"/> Pervasive Development Disorder | <input type="checkbox"/> Other _____                    |

**17. HISTORY OF PREVIOUS TREATMENT:  Last treatment more than 2 years ago**

Inpatient hospitalization (Acute), Residential Treatment Center (RTC), Intensive Outpatient (IOP), Partial Hospitalization (PHP)

Name of Facility (Most Recent First)	Date(s) of Treatment	Required holds, seclusion or injections		Required 1:1 staffing		Private room due to behaviors?		Treatment Results		
		Yes	No	Yes	No	Yes	No	Positive	Negative	None

**\*\*Explain any "yes" marked above:** \_\_\_\_\_

**18. RESIDENCE / CONTACT INFO:**

Patient's Primary Residence With: \_\_\_\_\_

Patient's Secondary Residence With: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_

Phone #: \_\_\_\_\_

Other #: \_\_\_\_\_

Other #: \_\_\_\_\_

**19. PRECIPITATING EVENTS NECESSITATING TREATMENT INTERVENTIONS AT THIS TIME:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_